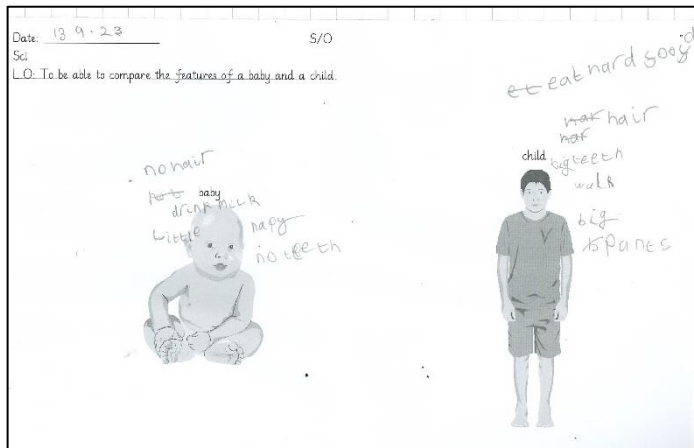


## Year 2 - Growing up Overview

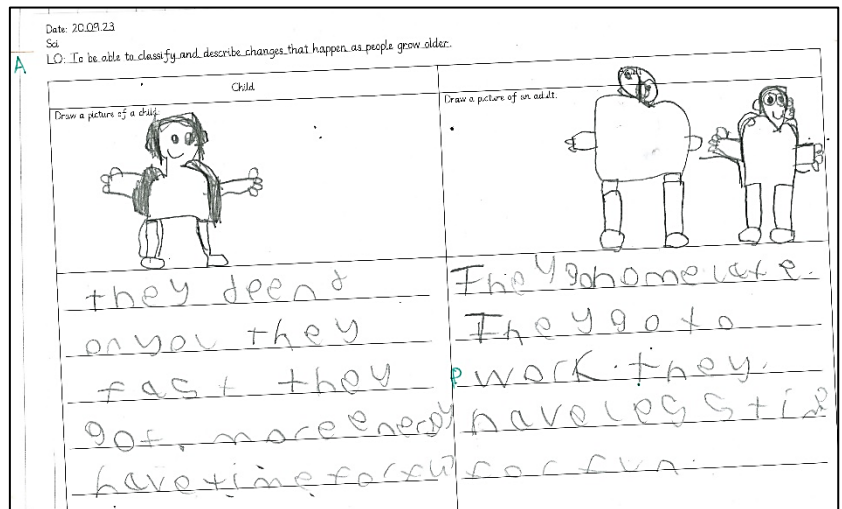
Our science lessons have been about growing up. In the first lesson we discussed what a baby does or does not need.

We then went on to compare the features of a baby and a child. The children enjoyed thinking back to when they were babies and how they have changed since then.

what baby needs	what baby does not need
shelter	car
pram	books
Toy	play station
Family	bread
Love	
baths	books
water	• books
vegetables	• books
sunlble	• books
shoes	
milk	*



The children discussed the differences between a child and an adult. They identified physical differences as well as things that an adult does compared to a child.



We then went on to learn about our bodies. We talked about different ways to keep our bodies healthy such as exercising and eating a balanced diet. The children carried out a series of exercises and monitored the impact on their bodies.

Sci Date: 4.10.23 00/000

LO: To understand the importance for humans of exercise.

Name of exercise	How many times could I do it in one minute?	Which parts of my body was I exercising?	How did I feel afterwards?
Push ups	48	arms	tired
Sit up	111	back	sweaty
Running	81	legs	warm
tuck jump 100		arm legs	hot

Exercise is important because: Push up are hard runnin  
is tiring. tuck jumps make my legs hurt my legs a lot