

1st October 2026



E-Safety Workshop

What does your child love doing online?



Google

YouTube



NETFLIX



ROBLOX



FORTNITE

What services and devices do they use?

The online world can be exciting and inspiring. It has lots of opportunities to offer young people. It is important to manage and minimise the associated risks.



Conduct

How young people behave online

- sharing
- online reputation
- screen time



Children need to be aware of the impact that their online activity can have on both themselves and others, and how other people may perceive them because of what they say and do online. Employers, universities and colleges can carry out social media checks before recruiting.



It's easy to feel anonymous online and it's important that children are aware of who is able to view, and potentially share, the information, photos and videos that they may have posted.



When using the internet, it's important to keep personal information (that could identify who they are) safe and not share it with strangers.



Content

What young people see online

- harmful and adult content
- filters
- online hate



It is possible for children to come across harmful and adult content when they are online. This is true for content accessed and viewed via social media, online games, streams and websites.



Live comments and chats alongside other content including videos, streams and games can be hurtful, harmful or unreliable.



It's important for children to consider the reliability of online material and be aware that it might be written with a bias or not be true. Photos and videos can be edited or inaccurate and AI has made it easier to create content that looks realistic but is not real.

Contact

Who young people may be talking to online

- online bullying
- online friendships
- grooming



It is important for children to realise that new friends made online may not be who they say they are and that once a friend is added to an online account, you may be sharing your personal information with them.



If you have concerns that your child is, or has been, the subject of inappropriate sexual contact or approach by another person (including, but not limited to, a request to meet up or a request for personal information and images/videos), it's vital that you report it to the police. This can be done by calling 101 or visiting www.ceop.police.uk.





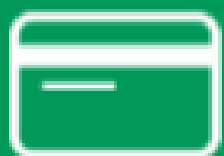
Commerce

Financial and contractual risks

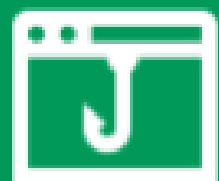
- scams
- influencers
- in-app purchases



There are opportunities to spend money online across platforms including on games, social media and video sharing platforms, as well as apps and sites designed specifically for online shopping. Use settings, such as passwords, to limit payments or authorise card payments.



Influencers online use their platforms to advertise products to followers, and they are paid for this content. Remind children to research the product and find reviews before purchasing.



Scams and fraud are common online and criminals will use a range of tactics to target their victims. Look out for anything that seems too good to be true or suspicious. If you think you or your child has been victim of a scam, contact your bank and Action Fraud.

Online bullying

Also known as 'cyberbullying' - takes place online or using technology.



Cyberbullying can happen in many different ways including unkind messages or comments, the sharing of embarrassing photos or exclusion from group chats.



Children need to understand that their online actions can be just as hurtful as offline actions and that seeking to deliberately hurt or upset someone is always unacceptable.



Another form of cyberbullying is online sexual harassment, which is any sexual behaviour happening on any online platform. Examples of this can be bodyshaming, unsolicited nude images and sexual comments.



Advice on online bullying

Discuss online bullying with your child - teach the importance of respect online and offline and make sure they know they can talk to you if they have any worries or concerns.

If they are a victim of this type of behaviour:



Do save the evidence



Do report to your school/ the police



Do use online tools to report and block the perpetrator.



Don't deny your child access to a device or service. They may feel punished when they're already the victim.



Don't retaliate.

Gaming: what parents and carers need to know

Gaming: what parents and carers need to know

Remember – If you are worried that a child is being **groomed** in a game, or on any other online platform you should seek support. You can contact the **CEOP Safety Centre** to report your concerns. If you believe a child is in immediate danger call the police on 999.

3 ways to make gaming safer for your child

1. **Talk with your child about gaming.** Talk with your child to learn the games they like and the content and features of these. This will help you to understand more about how your child plays games and how appropriate different games are. You can use **NSPCC's online safety hub** to find out more information on safer gaming.

2. **Learn together.** Use our resources to teach your child about safer gaming at all ages. For primary age children you can use our **Jessie & Friends** (ages 4-7) and **Play, Like, Share** (ages 8-10) resources. Secondary age children can access advice about gaming through our website.

3. **Set boundaries and safety settings.** **Internet Matters** provides step-by-step **guides** for putting safety settings in place for each console or device. Spend time setting these up with your child and make sure they know how to block and report on the games they are playing. You should also talk with your child to create an agreement for gaming: think about how much time they can spend, which games they can access, if you will allow in-app purchases and what spaces they can play in. For primary aged children it is advisable to have them play in shared spaces or in the same room as you.

How risky is in-game chat?

Gaming is often a social activity for children and talking with friends is part of their enjoyment. However, in-game chat can pose risks such as:

- **chatting with people they don't know.** This can include adults that are seeking to make contact with children with the intention of **sexual grooming**.
- **inappropriate or unmoderated chat.** Whilst a lot of chat is moderated, chat is live and there is a risk of exposure to sexual language, swearing or bullying.
- **requests to make chat private.** Once chat is moved off a monitored platform, no one is moderating it. This can be used to pressurise children into sharing personal information, photos, video or chat that they don't want to.
- **offering gifts or trades.** This may be used by offenders to build trust and a relationship with a child, as part of grooming.

Learn more about in-game chat and what you can do to make it safer by reading our **parents and carers guide to in-game chat**.

How do I know what games are age appropriate for my child?

Our article on **what's appropriate for your child** will help you to understand more about the **BBFC**

Concerned?

If you're worried about your child and think something is not quite right, it's best to be on the safe side and find out more.

- › [Where can I get help?](#)
- › [Report an incident to CEOP](#)

Related advice



Guide to in-game chat

[Find out more](#)



Gaming: What's appropriate for your child?

[Find out more](#)



Band Runner for 8-10 year olds

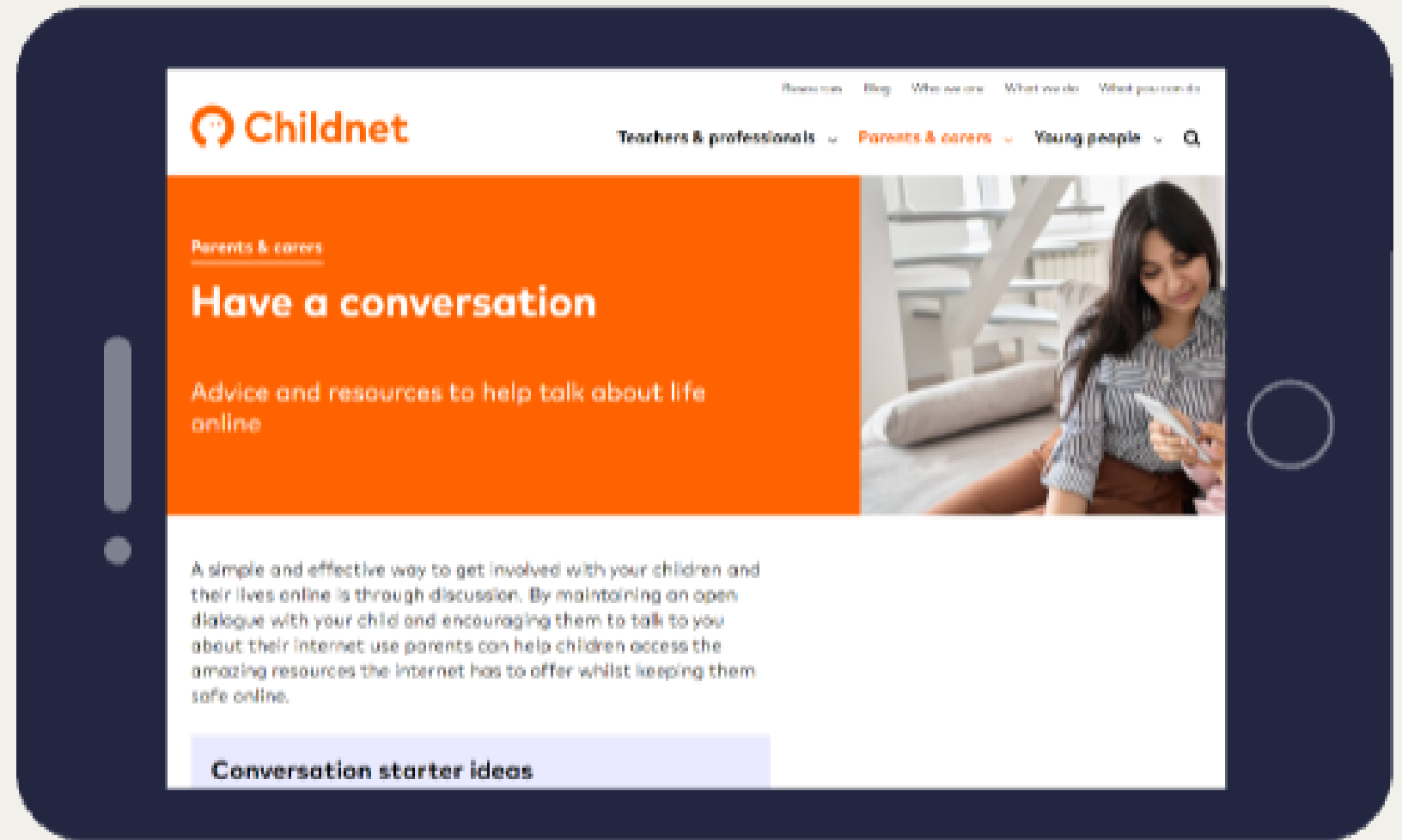
[Find out more](#)



www.ceopeducation.co.uk/

An open and honest dialogue with your child is absolutely key.

Talk to them about their internet use and let them know they can talk to you.

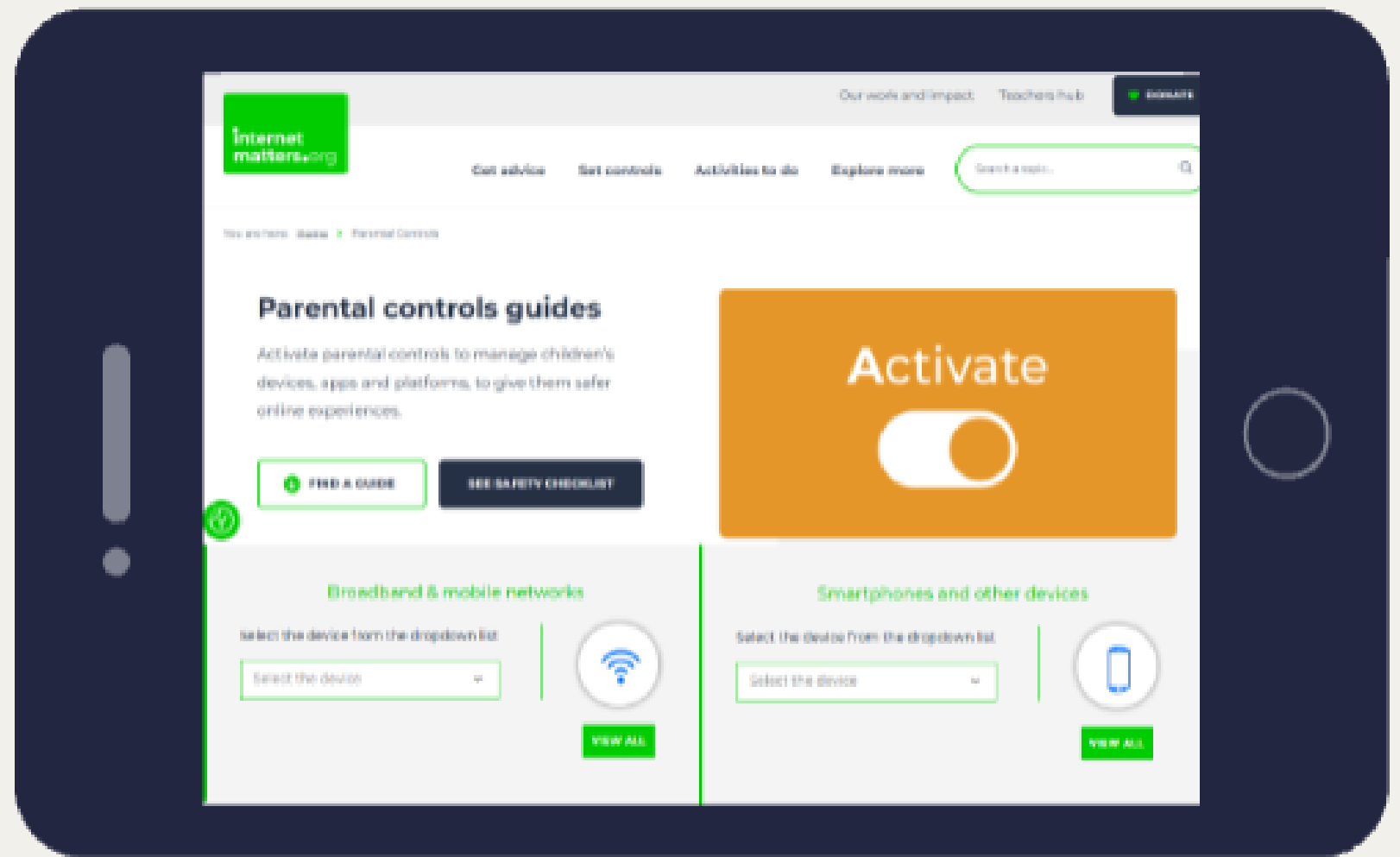


childnet.com/parents-and-carers/have-a-conversation

Filtering software
and settings can help
block unwanted
content.

Look at filters on
individual devices
and from mobile &
internet providers

Discuss any changes
you make with your
child.



internetmatters.org/parental-controls/

Familiarise yourself with safety and privacy settings on the services your family uses.

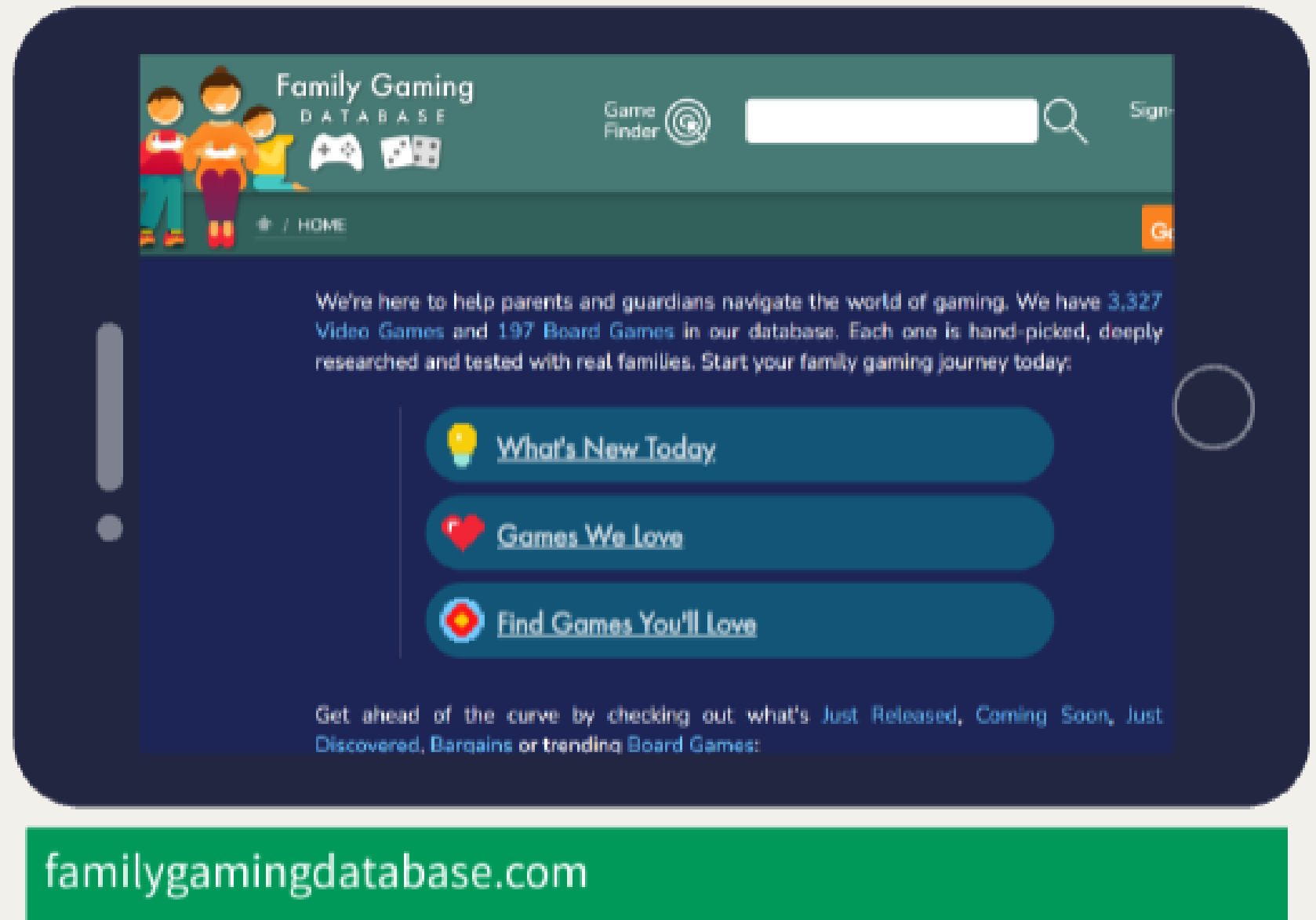
Learn how to report, block and mute other users on games and social media.



childnet.com/how-to-report

Get involved with your child's life online. Learn about the apps, games and devices they use.

Play their favourite games with them, try out their favourite apps...



familygamingdatabase.com

A dark blue smartphone with a light blue screen. Two orange speech bubbles are on the screen. The top bubble says 'Encourage your child to always think before you post' and the bottom bubble says 'Lead by example and discuss the content you share on social media too'.

Encourage your child to always **'think before you post'**

Lead by example and discuss the content you share on social media too

A dark blue smartphone with a light blue screen. Two blue speech bubbles are on the screen. The top bubble says 'Give your child strategies to deal with content they don't want to see' and the bottom bubble says 'For example, speaking to you or turning off the device'.

Give your child strategies to deal with content they don't want to see

For example, speaking to you or turning off the device

A dark blue smartphone is centered on a light blue background. The screen is white and displays two green speech bubbles. The top bubble contains the text 'Consider setting up a shared family email address.' and the bottom bubble contains 'Your child can use this when signing up to new services.' The phone has a silver earpiece and a circular home button at the bottom.

Consider setting up
a shared family
email address.

Your child can use
this when signing up
to new services.

Making a report

Look out for these symbols on the post, comment or user profile you want to report



Choose a reason for reporting

Report

Why are you reporting this photo?
If someone is in immediate danger, get help before reporting to Facebook. Don't wait.

- Problem involving someone under 18
- Bullying, harassment or abuse
- Suicide or self-harm
- Violent, hateful or disturbing content
- Selling or promoting restricted items
- Adult content
- Scam, fraud or false information
- I don't want to see this

US Online Safety Act
In the US, you can report something that's illegal or harmful to children under the Online Safety Act. [Submit a report](#)

Report

Drug use or sales

We prohibit any discussion or promotion of the use or sale of drugs or regulated drugs.

Add a comment to your report (optional)

Submit

Report

Name of Player

Which Player

Type Of Abuse

What's the problem?

ROBLOX



Report

Why are you reporting this post?

Your report is anonymous. If someone is in immediate danger, call the local emergency services. - Don't wait.

- I just don't like it
- Bullying or unwanted contact
- Suicide, self-harm or eating disorders
- Violence, hate or exploitation
- Selling or promoting restricted items
- Nudity or sexual activity
- Scam, fraud or spam

Fill out the form with as much detail as possible and press send to inform the platform's safety team.

Report any inappropriate contact from an adult to CEOP:

The screenshot shows the CEOP (Child Exploitation and Online Protection) website. At the top, there is a dark blue header with the CEOP logo on the left, the text "Child Exploitation and Online Protection command" in the center, and a red button with a white icon and the text "CEOP web" on the right. Below the header, the main content area has a white background. The central heading reads "Are you worried about online sexual abuse or the way someone has been communicating with you online?". Below this, it says "Make a report to one of CEOP's Child Protection Advisors". There are three light grey boxes arranged horizontally. The first box is titled "Should I make a report to CEOP? →" and contains the text "If you're worried about online abuse or the way someone has been communicating online, let CEOP know." with an illustration of a person at a computer. The second box is titled "What happens when I make a report? →" and contains the text "One of our experienced Child Protection Advisors will be there to make sure you get the help that you need." with an illustration of a person with a question mark. The third box is titled "How can CEOP help me? →" and contains the text "Online abuse affects many children and young people every day. CEOP has helped thousands of people in need of support." with an illustration of two people talking. At the bottom of these boxes is a large yellow button with the text "Make a report" and a pencil icon. Below the button, there is a line of text: "If you have been a victim of sexual online abuse or you're worried this is happening to someone you know, let us know safely and securely."

CEOP
Child Exploitation and Online Protection command

If you want to help this site quickly, just click here

CEOP web

Are you worried about online sexual abuse or the way someone has been communicating with you online?

Make a report to one of CEOP's Child Protection Advisors

Should I make a report to CEOP? →

If you're worried about online abuse or the way someone has been communicating online, let CEOP know.

What happens when I make a report? →

One of our experienced Child Protection Advisors will be there to make sure you get the help that you need.

How can CEOP help me? →

Online abuse affects many children and young people every day. CEOP has helped thousands of people in need of support.

Make a report

If you have been a victim of sexual online abuse or you're worried this is happening to someone you know, let us know safely and securely.

ceop.police.uk

Keep the conversation going...

Do you have any tips for how to be positive and show respect online?

What could you do if someone online is making you or someone you know feel worried or upset?

How might you know if you are using the internet/technology too much?

How does the internet make you feel? Do different apps/games makes you feel differently?

Do you know where to go for help, where to find safety advice and how to use safety tools on your favourite apps and games?

Help me!
Can your child show you how to do something better/safer online?

Thank you for coming today! 😊

